

Soulwave Chiropractic Studio

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Hello and thank you for your interest in Network Spinal Analysis (NSA). We invite you to join us on your journey toward health and wholeness!

The natural state of all living things is ease! Each of us is capable of finding our way back from physical, chemical, and emotional overloads to this natural state. This journey is called healing.

The purpose of NSA is to enhance the functioning of your spine and nervous system. Through gentle, honoring NSA adjustments your body learns to **release current tension and stored trauma** so you can more fully express your true essence.

Clinical work and scientific studies have shown that people who receive regular Network care enjoy:

- improved physical vitality, more energy, greater flexibility, reduced chronic pain, fewer colds and headaches.
- greater ability to cope with stress in the areas of health, family relationships, and work.
- stronger spines and improved posture.
- deeper breathing with more ease.
- increased connection with their bodies and emotions.
- improved emotional and psychological well-being.
- overall quality of life improvement.

No matter what else we do for ourselves (diet, exercise, meditation, etc.) the body and mind function more effectively when there is greater clarity and less tension in the nervous system.

You can learn more about NSA on the website: www.associationfornetworkcare.com. We look forward to meeting you!

Yours in Health and Service,

Erin Pollinger, D.C.